

AyushaktiTM

since 1987

Ayushakti Academy of Ayurveda

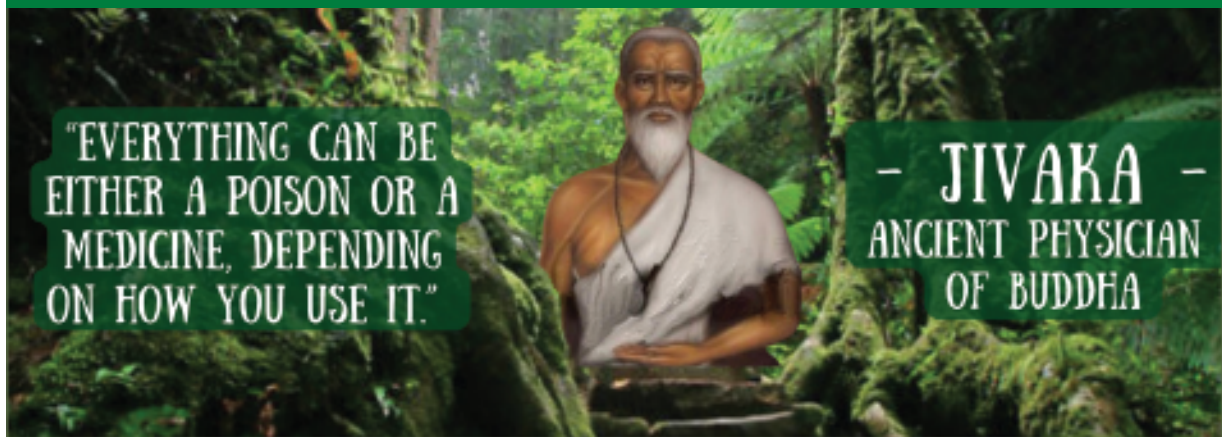


PULSE DIAGNOSIS (NADI PARIKSHA)

An intensive breakthrough journey towards
“ANCIENT SECRETS OF PULSE READING” by
Vaidya Smita Naram & Ayushakti Team



ANCIENT SCIENCE OF SIDDHA-VEDA



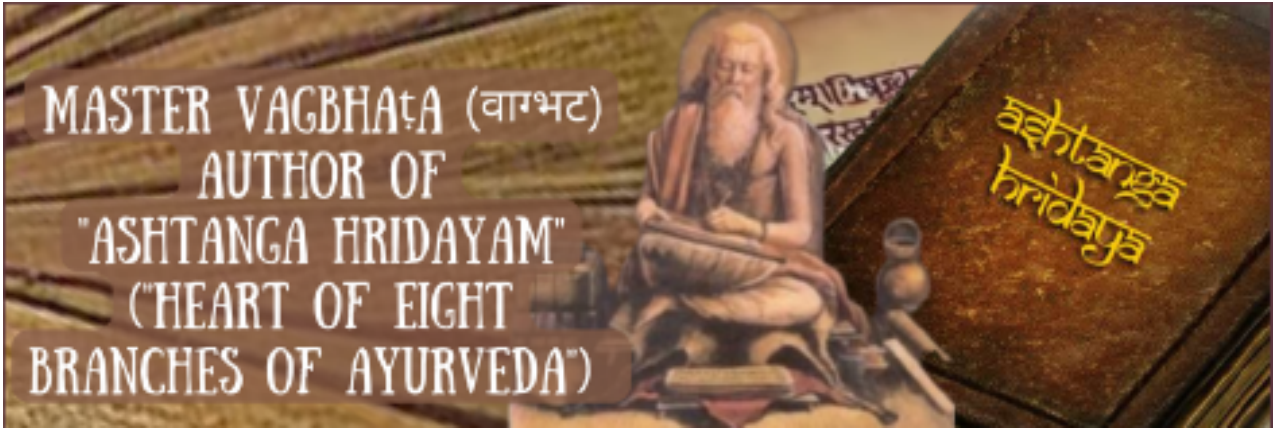
**Siddha-Veda lineage starts with Master Jivaka,
the physician of Lord Buddha.**

Master Jivaka helped many souls to heal what seemingly no one else could do. He was and still is an icon and a source of inspiration for many traditional healers. The figure of Jivaka is evidence of superiority and medical levels.

Many descendent healers from this lineage used ancient science to do things that seemed like miracles.

ANCIENT SCIENCE ALLIED LINEAGE

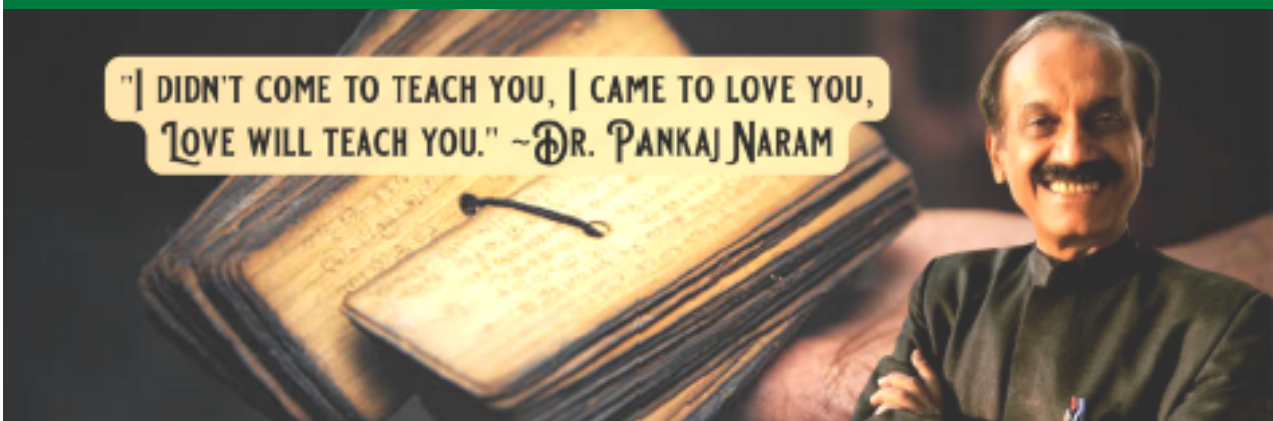
Master Vagbhaṭa (वाग्भट) is one of the most influential writers, scientists, doctors, and advisors of Ayurveda. He has presented Ayurveda in its essence in an easy-to-understand way.



The Master himself says, "Traditional Ayurvedic textbooks are too elaborate and difficult to study. I have collected their essence in Ashtanga Hridayam. It is neither too short nor too elaborate."

Ashtanga Hridayam means Heart of Eight Branches of Ayurveda. It is one of the root texts of Ayurveda. Today, the Ashtanga Hridayam serves as a source of Ayurvedic philosophy and protocol, providing clear guidelines for all aspects of health.

DR. PANKAJ NARAM & HIS MISSION



Dr. Naram wanted to help people achieve vibrant health, unlimited energy, and peace of mind. He dedicated his life to studying the Ancient Scriptures and transcribing this knowledge into a multi-layered educational platform that is easy to teach and understand. He became one of the greatest healers of all time and made it his mission to spread these Ancient Secrets worldwide to benefit every heart in every home. Now you can also become part of that mission.

AYUSHAKTI VAIDYA SMITA NARAM

Vaidya Smita Naram, a world-renowned Ayurveda practitioner and founder of Ayushakti Ayurveda, is an expert in the Ayurvedic way of treatment.



With more than 32+ years of clinical experience, Vaidya Smita Naram has specialized in the treatment of many chronic health problems like arthritis, asthma, high blood sugar, high blood pressure, obesity, skin problems, anxiety, depression, chronic fatigue, burnout syndrome, IBS, Crohn's disease, autoimmunity, fibromyalgia, and Multiple Sclerosis. She has personally seen more than 200,000 clients worldwide in Europe, the USA, Australia, New Zealand, the UK, and India. She has trained more than 500 naturopaths and medical doctors around the world.

Ayushakti is a chain of Ayurvedic clinics with authentic, high-quality European standard products and powerful Panchakarma detox programs. Practitioners at Ayushakti help over 100,000 clients every year all over the world.

EDUCATION DESCRIPTION:

The traditional Ayurvedic art and science of reading the pulse is one of the most powerful tools to diagnose the many imbalances of the body, mind, and spirit. It identifies the extent to which the imbalances are affecting health and, using this information, which treatments can be effective in restoring the balance. Join us and learn to feel and “hear” the body’s inner intelligence as it speaks through the subtle qualities of the pulse. It allows practitioner to detect imbalances before they manifest as a disease and quickly discover the state of body, mind, and emotion by applying the ancient wisdom of pulse reading.

LEARNING CONTENT:

- The history and philosophy of pulse diagnosis
- Pulse as described in ancient secrets – Siddha Veda literature
- How to feel the pulse
- How to feel any of Dosha (Vata – Pitta –Kapha) balance or imbalances through the pulse
- How to find AAM through the pulse
- How to find and determine the condition of Agni – (metabolic fire)
- How to find the location of the health problem in the body through the pulse
- How to sense and interpret Dhatu Dushti (tissue imbalance) through the pulse
- How to sense and interpret blocks in any of the strotas (channel) through the pulse
- How to detect balance and imbalance in the body through pulse
- How to know the physical, mental, emotional, and spiritual state of people through the pulse

LEARNING GOAL:

To sense through pulse reading

- Neck, back and knee pain
- Skin disease
- Anxiety and depression
- Digestive disorders
- Respiratory disorders

PARTICIPANTS:

All medical doctors, Ayurvedic practitioners, diet & lifestyle consultants, chiropractors, osteopaths, naturopaths, yoga teachers/professionals, Heilpraktiker and any other health practitioner, etc.

CLASS INFORMATION

- **Class** – English
- **Study material** – English
- **11** recorded sessions, **each session is of 1 to 1.5 hours**
- **Mode of class** – Self-paced
- **Access to class recordings and all study material for 1 year (downloadable)**

To register click on **ENROLL NOW** on below given link

<https://education.ayushakti.com/course/PulseDiagnosis-39233>

For any query or required assistance:

Email: education@ayushakti.com